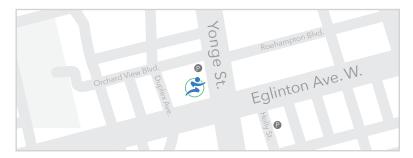


Physiotherapy Referral

Address		Date	
Pain	○ Nerve Pain	○ Low Back Pain	
Injury	O Pelvic Health	○ Running Injury	
Running Analysis			
Pregnancy Related Pain		O Post-Operative Rehabilitation	
O Dry Noodling		Exercise Prescription	
, ,			
		Manipulative Therapy	
○ Splinting/bracing		○ Taping	
am with visu	ual and written inst	ructions.	
ds			
	om Eridova 7:20	o 5:00pm Saturdays: 9:00am to 1:00	
	O Dry Ne O Manua O Splintir omfort, all y treatmen m with visu	Injury Pelvic Health oorosis Osteoarthritis	

Strive Physiotherapy and Sports Medicine

Yonge Eglinton Centre | 2300 Yonge Street | Suite 1604



Getting here

We are conveniently located on the Northwest corner of Yonge Street and Eglinton Avenue, with ample public parking nearby.

By public Transportation

From Eglinton subway station (Yonge-University line)

- follow overhead signs to Yonge Eglinton Centre > Office Towers > 2300 Yonge Street
- go up the stairs to the main lobby and choose elevators 3-17 to take you to the 16th Floor

From Street Level

• main entrance is off of Yonge street

Parking

Underground Parking for the Yonge Eglinton Centre is available off of Orchard View Blvd.

- from the parking garage follow signs to elevators
- select G to take you to the 2300 Office Towers (Ground floor of Eglinton Avenue Mall)
- go up stairs to main lobby and choose elevators 3-17 to take you to the 16th Floor

Street Level Parking is also available on Roehampton Boulevard east of Yonge Street, and on Orchard View Boulevard west of Yonge Street

Your appointment

Your first visit to Strive Physiotherapy and Sports Medicine

Prior to your first appointment at Strive Physiotherapy and Sports Medicine you will receive a secure email link to complete your intake form and medical history questionaire.

Save time with electronic payments

Once you create your online account you will be able to securely store a credit card on file to allow for electronic billing. You will also be able to access your receipts through your account.

What to wear

Dress for comfort, access and ease-of-motion related to the condition your are being assessed or treated for - loose workout pants, shorts or a tank top is recommended.

Cancellation

Please note we require 24-hour's notice to cancel or reschedule an appointment.