

Name	
Address	Date
Referral for	
○ Sports Medicine	Pedorthics
Physiotherapy	○ Massage Therapy
Reason for Referral	
X-Rays (Please bring to appointment)	Other Tests (Please fax all relevant reports)
Medications	○ Allergies
Physician Signature	
Please send more Referral Pads	
Clinic Hours: Monday - Thursday: 7:30am to 8:00pm Fridays: 7:30am to 5:00pm	

Saturdays: 9:00am to 1:00pm | We're closed on Sundays and on holiday weekends

Strive Physiotherapy and Sports Medicine

416.486.4776

e hello@striveto.ca

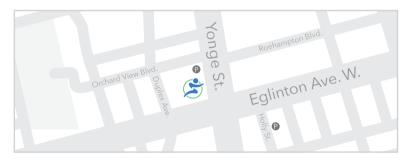
00 Yonge Street | Suite 1604 | Toronto, ON | M4P 1E4

f 416.482.1031

w striveto.ca

Strive Physiotherapy and Sports Medicine

Yonge Eglinton Centre | 2300 Yonge Street | Suite 1604



Getting here

We are conveniently located on the Northwest corner of Yonge Street and Eglinton Avenue, with ample public parking nearby.

By public Transportation

From Eglinton subway station (Yonge-University line)

- follow overhead signs to Yonge Eglinton Centre > Office Towers > 2300 Yonge Street
- go up the stairs to the main lobby and choose elevators 3-17 to take you to the 16th Floor

From Street Level

• main entrance is off of Yonge street

Parking

Underground Parking for the Yonge Eglinton Centre is available off of Orchard View Blvd.

- from the parking garage follow signs to elevators
- select G to take you to the 2300 Office Towers (Ground floor of Eglinton Avenue Mall)
- go up stairs to main lobby and choose elevators 3-17 to take you to the 16th Floor

Street Level Parking is also available on Roehampton Boulevard east of Yonge Street, and on Orchard View Boulevard west of Yonge Street

Your appointment

Your first visit to Strive Physiotherapy and Sports Medicine

If you are seeing one of our Physicians, please bring your OHIP card to your first visit. Please arrive 5 minutes early to complete a registration and medical history questionnaire.

Save time with electronic payments

If seeing Physiotherapy and/or Massage Therapy, you will be able to create an online account to complete the required intake forms as well as securely store your credit card for electronic billing. You will be able to access your receipts through your account.

What to wear

Dress for comfort, access and ease-of-motion related to the condition your are being assessed or treated for - loose workout pants, shorts or a tank top is recommended.

Cancellation

Please note we require 24-hour's notice to cancel or reschedule an appointment.